

Packing List for Candidates

It is helpful to pack your bedding items together in a large duffle bag or garbage bag.

- Twin Bedding. (Sleeping bag or extra blanket and sheets)
- Eggcrate foam mattress or similar item, if you prefer a soft bed. (The camp mattresses are firm)
- Pillow(s)
- Towels (at least 2), washcloths (loofah)
- Shampoo, Conditioner, Body wash
- Toothbrush, Toothpaste, Mouthwash
- Deodorant
- Other Hygiene products as needed (razors, shaving cream, feminine products, non-scented hand lotion, ect...)
- Comb, Brush, Hair Dryer, Curling Iron, etc.
- Glasses/Contact Lenses (lens rinse and contact case)
- Casual clothing and shoes. (Meeting rooms are usually cold, so a warm layer is also recommended) (Remember modest is hottest)
- Pajamas
- Earplugs, if you are sensitive to night noises. (Snoring)
- Rain jacket or warm jacket
- Flashlight

Please DO NOT bring:

- **cell phones, iPod, ect...**
- **Tobacco in any form**
- **Alcohol**
- **Illicit drugs**
- **Inappropriate reading material**
- **Immodest clothing, including spaghetti straps, halter tops, tube tops, backless tops, short shorts, and low hanging trousers**
- **Clothing with potentially offensive words or graphics**
- **Fireworks or other explosive materials**
- **Firearms**
- **Knives**
- **Items that may be perceived as a weapon**